

Stephen Minister Training Schedule

CONFIDENTIAL

Stephen Ministry® Form

Session	Date	Module	Module Name	Reading Assignment Due This Session
1		T-1	The Person of the Caregiver	
2		T-2	Feelings: Yours, Mine, and Ours	<ul style="list-style-type: none"> ▶ Feelings: Yours, Mine, and Ours Preclass Reading, <i>SMTM</i>¹ ▶ Preface through chapter 7 in <i>Christian Caregiving—a Way of Life</i>
3		T-3	The Art of Listening	<ul style="list-style-type: none"> ▶ The Art of Listening Preclass Reading, <i>SMTM</i> ▶ Chapters 8–13 in <i>Christian Caregiving—a Way of Life</i>
4		T-4	Distinctively Christian Caring—Part 1	▶ Chapters 14–20 in <i>Christian Caregiving—a Way of Life</i> (Bring your copy of the book.)
5		T-4	Distinctively Christian Caring—Part 2	<ul style="list-style-type: none"> ▶ Distinctively Christian Caring Preclass Reading, <i>SMTM</i> ▶ Introduction through chapter 3 in <i>Speaking the Truth in Love</i> ▶ Bring <i>Christian Caregiving—a Way of Life</i>.
6		T-5	Process versus Results in Caregiving	<ul style="list-style-type: none"> ▶ Process versus Results in Caregiving Preclass Reading, <i>SMTM</i> ▶ Review chapters 2 and 18 in <i>Christian Caregiving—a Way of Life</i> ▶ Chapters 4–7 in <i>Speaking the Truth in Love</i>
7		T-6	Assertiveness: Relating Gently and Firmly—Part 1	▶ Chapters 8–12 in <i>Speaking the Truth in Love</i> (Bring your copy of the book.)
8		T-6	Assertiveness: Relating Gently and Firmly—Part 2	▶ Chapters 13–18 in <i>Speaking the Truth in Love</i> (Bring your copy of the book.)
9		T-7	Maintaining Boundaries in Caregiving	▶ Maintaining Boundaries in Caregiving Preclass Reading, <i>SMTM</i>
		T-8	Crisis Theory and Practice: Danger versus Opportunity	▶ Crisis Theory and Practice: Danger versus Opportunity Preclass Reading, <i>SMTM</i>

1 Reading assignments are to be completed before a particular session. You need to read these assignments prior to coming to the session. The abbreviation *SMTM* stands for *Stephen Ministry Training Manual*. Note that when you read books, the reading assignment schedule spreads out the reading of the book over several weeks prior to covering the book's subject matter in class.

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Session	Date	Module	Module Name	Reading Assignment Due This Session
10		T-9	Confidentiality	<ul style="list-style-type: none"> ▶ Confidentiality Preclass Reading, <i>SMTM</i> ▶ Introduction through chapter 3 in <i>When and How to Use Mental Health Resources</i>
11		T-10	Telecare: The Next Best Thing to Being There	<ul style="list-style-type: none"> ▶ Telecare: The Next Best Thing to Being There Preclass Reading, <i>SMTM</i> ▶ Chapters 4–6 in <i>When and How to Use Mental Health Resources</i>
12		T-11	Using Mental Health Professionals and Other Community Resources	<ul style="list-style-type: none"> ▶ Using Mental Health Professionals and Other Community Resources Preclass Reading, <i>SMTM</i> ▶ Chapter 7 – appendix E in <i>When and How to Use Mental Health Resources</i> (Bring your copy of the book.)
13		T-12	Ministering to Those Experiencing Grief	▶ Ministering to Those Experiencing Grief Preclass Reading, <i>SMTM</i>
14		T-13	Dealing with Depression: The Stephen Minister’s Role	▶ Dealing with Depression: The Stephen Minister’s Role Preclass Reading, <i>SMTM</i>
15		T-14	Helping Suicidal Persons Get the Help They Need	▶ Helping Suicidal Persons Get the Help They Need Preclass Reading, <i>SMTM</i>
16		T-15	Bringing the Caring Relationship to a Close	▶ Bringing the Caring Relationship to a Close Preclass Reading, <i>SMTM</i>
17		T-16	Supervision: A Key to Quality Christian Care—Part 1	▶ Supervision: A Key to Quality Christian Care—Part 1 Preclass Reading, <i>SMTM</i>
18		T-16	Supervision: A Key to Quality Christian Care—Part 2	<ul style="list-style-type: none"> ▶ Supervision: A Key to Quality Christian Care—Part 2 Preclass Reading, <i>SMTM</i> ▶ Review “The Structure of Small Group Peer Supervision,” <i>SMTM</i>
19		T-17	How to Make a First Caring Visit	▶ How to Make a First Caring Visit Preclass Reading, <i>SMTM</i>
20		T-18	Follow Me	<ul style="list-style-type: none"> ▶ Follow Me Preclass Reading, <i>SMTM</i> ▶ Bring both volumes of your <i>SMTM</i>.

Stephen Leader to contact in case of emergencies, absences, or reading assignment confusion:

Name _____

Phone number _____